

SARC

SEXUAL ASSAULT
RESPONSE CENTER

eliminating racism
empowering women **ywca**

2023 ANNUAL REPORT



SARC Services are provided by 12 full time staff members and 35 sexual assault response advocates (SARAs) statewide. Our offices are in New Castle, Wilmington and Georgetown with services available in-person and via telehealth. Learn more at ywcade.org/SARC

About SARC

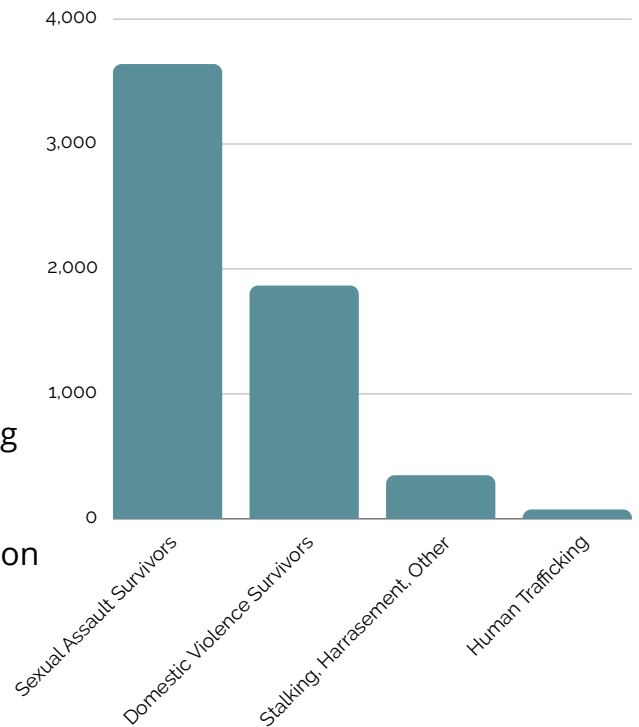
The Sexual Assault Response Center (SARC) provides comprehensive, free and confidential rape crisis services to sexual assault survivors and domestic violence survivors aged 12 and older and their non-offending family members, friends, and partners throughout the State of Delaware.

Services include:

- 24/7 Sexual Assault Response Helpline
- 24/7 Medical and Legal Accompaniment
- Aftercare Follow-Up Case Management
- Trauma Informed Sexual Assault Counseling
- Information and Referral to Resources
- Support Groups
- Community Outreach & Prevention Education

In 2023, 91% of survivors reported reduced anxiety and increased safety by connecting to our services.

SARC served a total of 5,931 survivors statewide and provided 34,944 hours of helpline, on-call and supervision coverage 2023.

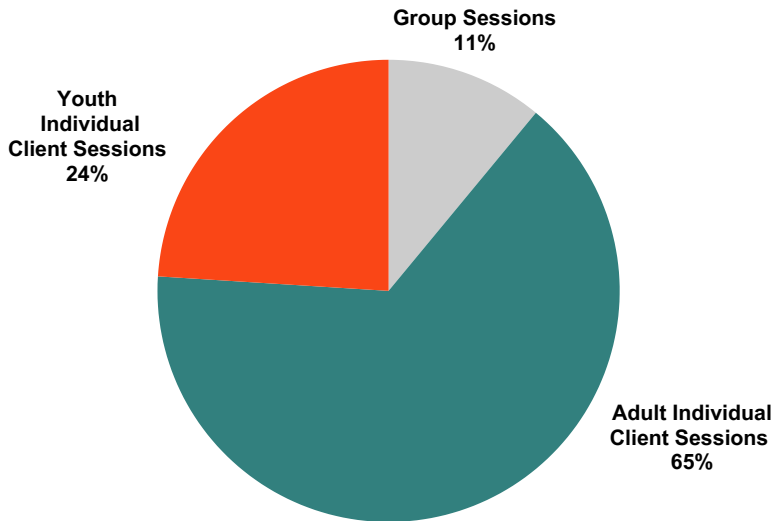


HELPLINE & CRISIS INTERVENTION SERVICES



COUNSELING SERVICES

In 2023, SARC provided 701 counseling sessions.



My partner was physically and sexually assaulting me. I had nowhere to turn and was desperate to keep myself and my daughter safe. I reached out to SARC for help. They found us a safe domestic violence shelter. They also helped me fill out legal paperwork called a Protection from Abuse Order (PFA), and they stood by me when we went to court for that and later hearings. I was terrified my partner would find and hurt me again, but the staff at SARC worked with me to plan for our safety. They even got security cameras for my home and gave me a gift card to buy things we needed. Their support gave me the courage to leave and start over. — *Anonymous*

52% of clients need assistance with shelter and housing

38% of clients need assistance with crisis intervention and mental health or substance use services

28% of clients need financial assistance for basic needs (food, medical, clothing)

15% of clients need assistance with reporting and criminal justice services

14% of clients need civil legal assistance

92% of clients need information and referral to additional social services

AFTERCARE AT A GLANCE

- 701 clients received case management
- 3,416 clients sessions
- 11,696 resources were provided to state and community services
- 18 clients were referred through Medical-Legal Partnership for civil legal services.



EMPOWERING SURVIVORS

My close friend told me that a family member sexually assaulted her grandson. I was scrambling to find the words to support her through her shock, fury and uncertainty. While she was unsure of what steps to take, I reached out to YWCA Delaware's Sexual Assault Response Center for guidance. In a confidential call, an advocate sensitively explained the importance of mandated reporting in cases of abuse or neglect involving vulnerable individuals, such as children, the elderly, the physically and intellectually disabled, and those who have been the victims of violent crimes. Together, we discussed the necessary medical care for the child. I then shared this information with the child's mother, who immediately took her child to the hospital for an examination.

I am so grateful for the compassionate assistance provided by SARC during such a challenging time. While I endured similar trauma in my past, I didn't realize how much the incident would trigger painful memories of my own experience of being sexually assaulted. Instead of reliving what was the darkest moment of my life, I reached out to SARC for free counseling services and gained the support and tools I needed to find solace and peace.

SARC's dedication to supporting survivors and their families is truly invaluable. Thanks to SARC's dedicated team of advocates, I was able to heal, and I was able to help my friend's family stop suffering in silence and begin their healing journey. — *Anonymous*

Sexual Assault Response Center YWCA Delaware

We provide services throughout Delaware

Commons Blvd

15 Reads Way, Suite 200
New Castle, DE 19720

Georgetown Professional Park

20123 Office Circle
Georgetown, DE 19947

Wilmington Healing Space

709 N Madison St,
Wilmington, DE 19801



ywcade.org  302-273-1300

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800-773-8570